



SUN PROTECTION POLICY

Sun Protection

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer.

At Wise Owls we want all staff and children to enjoy the sun safely. We will work with staff, parents, and carers to achieve this through:

Education

- All children will be involved in a discussion, appropriate for their age and understanding, at the start of summer about sun protection and the risks.
- All staff will be educated on the importance of sun protection and the risks involved in not protecting both themselves and others.
- Parents and carers will be informed about our policy.
- Staff should always act as a positive role model and set a good example by seeking shade whenever possible, wearing appropriate clothing, and applying sunscreen.

Protection

- The nursery garden has shade provided with sun shades and a tree.
- Children will be encouraged to use the shaded areas during garden time.
- Time spent in the garden is minimised during periods of extreme heat/sunshine.
- The children will be encouraged to wear clothes that provide good sun protection (sun hats etc).
- Staff should wear hats when appropriate to act as good role models and to also demonstrate drinking plenty of water.
- Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also.
- Water will always be available to children throughout the day from water bottles.

Sunscreen/sun cream

- Parents should apply sun cream to their children before they come to nursery and staff will assist the child in re-applying it during the day.
- Sun cream application is logged on Family.
- Parents are asked to give permission for sun cream to be applied to their children via Family.
- Parents are welcome to supply sun cream for their child at the nursery for the duration of the summer. This cream must be clearly labelled with the child's name on it and kept in their bag.



Government guidance on looking after children in Early Years settings during heatwaves can be found here:

<https://www.gov.uk/government/publications/heatwave-plan-for-england/looking-after-children-and-those-in-early-years-settings-during-heatwaves-for-teachers-and-professionals?fbclid=IwAR19h99TFp4DtHQJVzc1qj02bQVxDg89JXgYjLSfhyMEI-2mfmlXjzf2b-s&fs=e&s=cl>